

INSURANCE COVERAGE AND FEES

I accept all insurances except Mainecare (Medicaid).

If you have Medicare you are covered for everything except what your supplement may not cover, if you have one. If you do not have a Medicare supplement you will pay slightly less than \$25 per session (as of 2017; Medicare rates change regularly).

For all other commercial insurances, you will need to check whether your insurance requires the provider (me) to be in their network. Except for Medicare, I am in no networks. If your policy provides "out-of-network" benefits, you will be responsible for considerably more of my fee than if you used an in-network provider. You will need to check with your insurance about the details because each policy is different.

My fee is \$190 per 55 minute hour. The first appointment is usually longer than 55 minutes, and my fee for that is \$215 (only for the first session: then \$190 for all future sessions). I accept cash and checks.

Meetings are usually weekly.

I will fill out and send to insurance the forms they require; they will pay me directly – if you agree to that – and you will be responsible for the balance, paid directly to me.

Please feel free to contact me should you have any questions about this; the system has become complicated.